

The Expanding Viewpoint

Jeshua Speaks: Choose Life

May 2024

Beloved, and holy and only Child, extension of the one Source, know that truly you are loved with an everlasting love. I have heard you in your times of questioning. I have heard you in your times of turmoil. I have heard you when you have wanted to walk hand in hand with me. And in truth we did reach out and join hands.

I have heard ones of you tell my beloved friend and teacher, the one you know as Judith, that "I felt Jeshua. I was asking him questions. And I didn't think he would answer. But he did."

Yes. Be surprised in a good way. That yes, I do hear the questions. I do hear the heart reaching out and wanting to be acknowledged. And to know the love that is yours from before time began. The minds get very busy. But the heart knows.

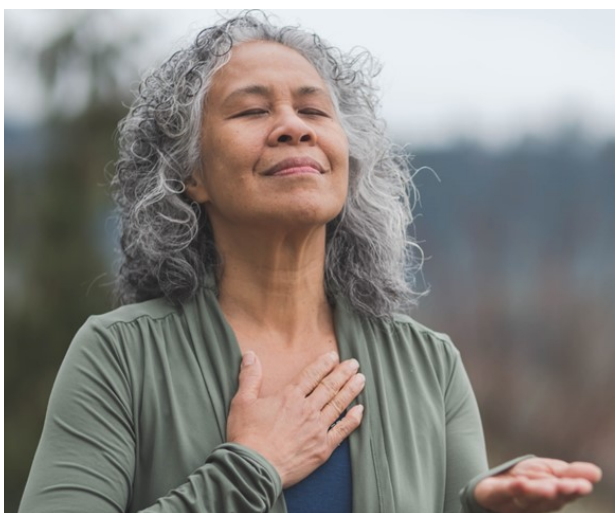
Enough of a preamble. This evening, we are going to go within to that place of inner knowing, that place that truly comes alive when you sit in the stillness and you ask. And then you take the deep breath. And you know that the answer comes on the deep breath. For truly there is nothing that is ever going to be said, thought about, questioned, that does not have an answer.

I know that some of you feel that you are alone. But do you know that even your language gives you a clue? The "all one" of being "alone," often is your avenue to truth. Allow yourself to know that upon each breath comes inspiration. Smile, be alive in that smile. Yes, we

should have the camera on this one over here. With the smile that goes from ear to ear. Allow yourself to feel the joy of being.

All of you have chosen the human life. "But Jeshua, no. I didn't choose this." Well, in truth you did. In truth you wanted to know your strength, your love, your healing, that place of acknowledging wholeness. Holiness, yes -- but wholeness with the "w." Because truly you are all experiencing what seems to be separation. But in truth, when you come to that place of the deep breath, the peace that comes with it is you. You are at all times abiding in the heart of peace.

Yes, I know that the human life can be challenging. I knew that -- that what you call your Easter time. I knew that. But I also knew much more than that. And you stand upon the brink of acknowledging, knowing truly through the mind, through the heart, the Allness that you are. I would ask you at this point, have you ever in all of your lifetimes known crucifixion? When you read about my experience, is there a knowing that, "Yes, I have



35th Anniversary Celebration: A Special Reunion

This year marks the 35th anniversary of the founding of Oakbridge University. In March of 1989 eight forward-thinking souls came together, wrote the Articles of Incorporation for the University and petitioned the IRS for exemption from federal income tax under section 501(c)(3) as a non-profit corporation organized exclusively for religious, charitable, scientific, literary and educational purposes.

At the first meeting of the Incorporators, Eva McGinnis was elected Vice President of the newly formed University, (by the next year Eva became President), and Judith Coates was named Executive Director of the Corporation to oversee the day-to-day operation of the University. Other Incorporators included Thomas Coates, Janice Huseland, Herbert Huseland, Bette McBrier, MarySue Phillips and John Veatch.

On Friday evening, October 18th of this year, at the Fall Advance we will be having a special anniversary celebration, highlighting the past history, classes, activities, Advances (and where they were held) of the University. Past students have been invited to speak of their recollections of the earlier days. YOU are invited to come for the Evening or for the week!

And if you were one of the early students of OU, let us hear from you regarding your memories. Send (or bring) photographs if you have them. We will be compiling a Book of Memories. Make sure your name and photographs are in it!

--Judith

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The Mission of Oakbridge University is, "To promote peace in the world, respect for all life, and the empowerment of each person to fulfill his/her highest potential."

You are invited to make contributions to Oakbridge University to fulfill our vision of sharing Jeshua's messages with the world.

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been there. I have felt that as well. Oh." Yes, because all of you truly, you have known physical crucifixion.

And here you are. Back here, wanting to not specially do the crucifixion but wanting to have the human experience of love. You are truly reincarnated as the love that you are. The smile that you are. The smile that allows the heart to open and to walk forward in knowing, feeling, truly being alive. Because you are. This cannot kill the spirit. This can let you stop and think, "What is this all about?" And the mind gets very busy.

But in truth, you are always love. You are always the One, capital "O", having the singular experience and saying, "Oh my God, how I suffer." Or, "My God, how I am beginning to

you. Yes, it will come through friends, people, the physical. But at the basic core, you are living, walking, speaking hopefully, love. You are the Christ incarnate.

"Oh, not me Jeshua. If you knew what I think, if you knew what I have done, if you knew you would not say that I am the Christ incarnate." But you are. You are the Christ having the human experience. Because you have said, "I am strong enough to have it. I want to know all." That is the spirit of you, wanting to come forth and encompass all that you not only can be, but are.

So, allow yourself in times of questioning the deep breath -- the place that brings peace to the mind which is always working. To come to

*"You are the Christ having the
human experience."*

—Jeshua

know, feel, be all that I can be." And sometimes, all the time, that brings you to the place of the heart, the place that says, "I am." Full stop, period. I am.

Then acknowledge for yourself, what is the knowing that comes after you have said I am? Judge for yourself, with righteous judgment, to know that truly you are all. You are the spirit having a human experience. You are knowing that truly you walk on the physical feet, yes, but also on the spiritual knowing that there is more.

I have heard you say this in times of torment, times of wondering, "Who am I? Why am I? Why do I suffer when I know that there is love all around me? Why can I not feel it?" Allow yourself the deep breath. Know that truly you are loved with an everlasting love that will never leave

that place of peace that says, "I am." Full stop. Period. I am the Christ. I am.

Do you know the joy that you are? The light, the sunshine that you are? Do you know how you go forward, bringing others to the place of accepting for themselves the Reality, capital "R," that they are. They look to you. They look to how you are coming through the human life. And they look sometimes even farther than that -- to see the spirit that activates the body, the spirit that speaks the words of truth whether you can truly believe them or not.

You say, "Well, that sounds good, Jeshua but I don't think that's who and what I am. I suffer and if I were truly the spirit of love of going forward, would I suffer?" And the answer is yes. Because you have the power to acknowledge whatever you want to

experience temporarily. Remember that word because time is temporary. Time, you have a saying, is fleeting. And it is. Time is a gift that you have put here on your spiritual journey to know the truly spirit is all. And when you come awake in the heart and you feel, truly feel the Allness of who and what you are, you have come home.

You are truly asking -- that is why you have made for yourself the avenue, the physical avenue of falling in love with someone seemingly separate from you. But in truth, in the place of the heart, you are joined with everyone you meet. And ones that you do not see, the ones you would call a spirit, they are also in love with you. So, rejoice. You have it made. I like that saying in your world -- you have it made. Right, and you do. In truth you are home already. It takes only the deep breath and the trust to know that I am. Period, full stop.

You are that which you out picture and that which you meditate upon in the inner. Claim it, know it, live it as I did. Did I fear the cross? No, in truth I did not. I can not say that I was enthusiastically accepting of it. But I knew that it was a path of demonstration that was needful. And I also had what you have at your fingertips to know. Because you have had more lifetimes than just this one right here, where you have been in what you now call the Far East with some of the teachers who could see farther, who could feel and then speak it to you of realms that are beyond the human. Realms of the heart. Realms that spoke to you of eternity -- not just what you were going through in what seemed to be the human lifetime but beyond that. To be able to claim the omnipresence of spirit and to know that truly, at all times, you are loved, taken care of, and out picturing the spirit of oneness.

When you are in that place and I know -- I have seen you touch that space and then wonder, "Oh, what is that?" And sometimes in the beginning, you will run from it because it seems too big, too much to



handle. But you can because it is you. And you are in that space and that time coming home in love.

Know you that all of you have been the beloved pet. I speak as this one in front of me, this beloved four-footed one washing himself and coming alive because he feels love. He feels safe. He feels that he can be who he truly is whether it is the form of four-footed dog or if it is the form of love of going forward. This one is truly a love. Period. As all of you are.

And when you are in that space of looking out through the eyes of love, all of the question marks of the world become softer, easier, can be acknowledged as perhaps you will call them teachers. Even the hard points in the lifetime you have brought it to yourself for the for the express purpose of looking beyond what seems to be hurtful. And to say, "I know this has a gift in it for me." And I am speaking to specific ones so gathered in this afternoon. That yes, you are going through a hard time humanly, but it has been for the express reason and service of love. To bring you to that place to know that, "I am more than a body. I am more than just a personality. I am all." And to take that deep breath and to know that on that deep breath is healing -- the acknowledgement of wholeness, the acknowledgement of spirit that activates what seems to be physical -- which activates that which seems to be physical. Yes. Take that deeply

within because you are truly the spirit.

This is what got me through, if you will accept that terminology, the crucifixion, I knew because of certain benefits that I brought to myself in that lifetime of studying with the masters in the Far East who knew that the body is an extension of spirit. And that truly everything that is experienced in a lifetime has a spiritual underpinning -- a meaning of it. And even though yes, the body could feel pain, I knew that there was much more to it than just that experience.

All of you have known crucifixion. And yes, I am speaking of physical. All of you have been through it. So that on your holy day of Easter when you celebrate not only my crucifixion as the cross, but also my resurrection. And did I resurrect myself and the body as well? Yes. Have you done that? Yes. That is why when we speak of Easter, ones say, "I don't want to go there. It is too painful." And you think because you are feeling oneness with my experience. Allow yourself to take the deep breath and know that truly it has been your experience as well, each and every one of you. As you have wondered, yes, you have had the crucifixion, the physical crucifixion.

"Oh, but Jeshua, that can only be you." No, sorry about that. But you know, you were seen in certain lifetimes to be what is your word for it now -- criminal. And you were to be expelled from human society. And there was a way to get rid of you. All of you truly have known crucifixion. Physical crucifixion.

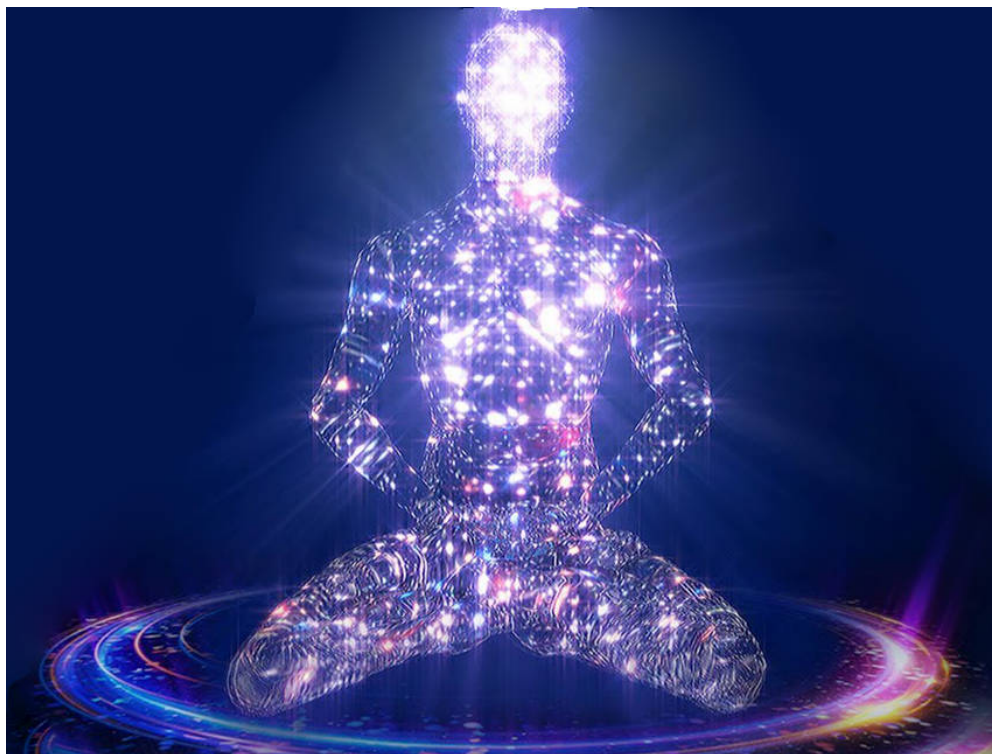
"No, Jeshua. No, that couldn't have happened, not to me. No, I was always a good little girl. A good little boy. I tried to be my best." And you were but others did not see it that way. "Oh, okay." Yes. And where are you now? You are not still upon that cross physically. You decided, "I will come back. I will have a do over." And you have done over and over and over until you have come to this

lifetime and you have said, "I am going to take a message of wholeness, holiness if you will. A message of knowing that yes, this is good the physicality. But I am more than that. I am the spirit that activates the body. I am the spirit that is always alive. I am the spirit of the resurrection." And you are because I will share with all of you. All of you have known the physical crucifixion. Why do you think you run from it? Sometimes as you would think about. "Oh, but the big nails Jeshua. And no, I mean my hand is not that big. And I couldn't stand that. No." And you did not stand for it long. You said, "Okay, I'm out of here." And you were

But beloved ones, that is all drama. And as you have decided, chosen, to have human experience, it goes with, as you say, the territory. And so, you have been there, done that. Resurrected, came back and said, "That's okay. But did it really happen?" And so, you have asked for it again.

I see you say, "Yes, I have been crucified. Not only physically but mentally and spiritually. People have wanted to crucify me and get me out of the way." This is true. But what has happened? You are back here again. You are back here searching and teaching. You are teaching by your searching. "Oh, well Jeshua I thought the searching meant that I'm not good enough and I have to keep working on it." Yes, you do. But your searching is teaching. Others watch you. And they watch what you are going through. And sometimes they speak with you and they say, "I know how it is. That's where I am or where I have been. And I don't see any value in it." But there is value because you have come through it. "Oh, well, we didn't look at it that way."

Well, take another look. Because truly beloved ones, you are the Christ having the human experience. Because why? Because you want to love -- to love others as they are suffering. You want to love others as they are teaching by their suffering.



You want to know the Christ of you that is forever ongoing and you are. You want to, through that knowing, to come home. And I welcome you home. That is what this season of all of your religious experiences and the what is called the Holy Week and the holy experience upon the cross.

Did I suffer on the cross? Momentarily yes. But only momentarily because I knew that there is more to life than suffering, more to life than crucifixion. And I replayed for myself, up here in the mind, the experiences that I have had -- the Christ experiences of love where I have known myself to be in love with you, with you, and you and you. How many lifetimes? Multitudinous. Many, many lifetimes of being in love. Did this cancel all of the lifetimes of love? No, it was a gift to me to know that truly the body is not all that I am. It is an extension to be used in loving fashion.

But you have in your scientific knowledge now in this day and time knowing the aura, the energy of you that activates the physicality. That is coming close to what you truly are -- the aura, the energy around that activates this body. But what it is

activating from is the point of the spirit that is forever and always demonstrating. You demonstrate as the little what you call the firefly that lights up in the rear end. That is what you are doing. You are the spirit of light lighting up the body. Your science now can show you what is termed the aura, the energy around you that is activating what is the physicality and in between all of the physical cells of the body as it is called.

It is your spiritual energy that is forever ongoing. And you call it in from time to time and you say, "Okay, I want to put it all together and know that I am something of form. I want to be able to speak to other ones in a way that they will understand. I want to be able to speak with others in a way that they will understand the hug of love. Okay. I want to know who and what I am -- mainly the who, the what, the Isness. I want to know that."

And that is what the Easter of your time is all about. The holiday, the Holy Day of coming into the awareness of knowing that, "I am the light that activates the form. And after the form is finished, I will still be the

light.” There is a freedom in knowing that -- is there not? Knowing that, “Yes, the form is good, I have fun with the form. I love to ride the horse. I love to run. I love to climb. I love to smile. I love to laugh. And there is more.” As your saying is, and there is more.

And truly, that is where you are. You are discovering, making new in your awareness, the Isness of you, the forever ongoing Isness, the message of Easter, the holiday, the Holy Day that you just recently have celebrated. You are the Wholly One – w, h o, l, l, y if that is how you spell it in English. Yes. And you are coming alive and in that now. Coming to the place of your resurrection into joy, into a place that says, “I am eternal.”

Not so much the body. You can do it over and over and you have because you have wanted to know variety. You have wanted to know, “What can I create? How can I come alive?” This is truly what you are asking. “I know that I am. And wow, am I all. I have been the squirrel. The rabbit, The giant. I have been the small little what you call termite or flea. Am I with you?” No, no, fleas are all gone. Okay. I have been everything as you have been for the sheer fun of it.

“Oh, but Jeshua some lifetimes were not fun.” As you will look back and go to that place of knowing the Allness of you. You will say, “Oh, okay, I see it differently.” I have heard all of you, each and every one of you say, “Oh, was that what it was all about?” Yes. About more than just the momentary suffering, questioning -- coming to that place of, “Oh, and there's more.” Yes. Listen to your what are called the commercials for the selling of certain articles, whatever, items. Listen to the deeper meaning. “And there is more.” And you are more.

You are coming alive at this Easter time, this springtime. You are being as the newness of life, the seasons, as you call them. You are coming alive in the place that says, “I want to know, to experience, to be all

that I am. Not only can be, but all that I am.” So, you have the resurrection experience. And you are again in the oneness of knowing, “I am forever” -- ever experiencing the Christ of me, of myself, and others. “Oh, you mean there are others.” Of course, there is a oneness made up of points of light as you understand physicality, points of light. It is beautiful to behold.

I knew because of certain what I will call gifts that were given to me in my Jeshua lifetime. I had teachings from masters who knew that this the body is not all that you are. It is one out-picturing of spirit. That is why you reincarnate. You keep on out-picturing form.

But it is a spirit within that makes the form, so that you can have an experience of form. And you are form and more. So, if you do away as you have a saying in your, your scriptures, your holy scriptures. If you take care of this form, in other words, put it to death, I will resurrect it. Because you are spirit, and you will resurrect another physical form. It may be human, or it may be the tiny flea that sits upon the dog, the beloved pet. It may be the sunshine. Any form of what is physical now that you are in the physical realm, you can be. And you do -- over and over different forms for the experience, for the sheer joy of being. And if it is not joy, choose again. Choose anew because you have freedom of choice.

“Oh, oh, I thought that I had to be just this form.” No. There will come a time when you will be finished with a form and you will resurrect a new one. “Well, do I have to come back as a small little baby and go through that?” No, you have known how to make form at any stage of life. “Oh, really? I thought they were just stories.” Well, they are his-stories and her-stories. Experience of making form as a small flea upon the dog or the dog itself. Or the human that loves the dog.

You have been all.

When you sit in your quiet time -- called meditation I think it is called. When you sit in your quiet time and you join in oneness, you know that you have been the tiny flea, you have been the butterfly, you have been the squirrel, you have been the monkey, you have been the lion, you have been the human. “Well yeah, okay.” Anything that you could think of, in spirit, you have made form, to know that experience. And that is not all. You have gone beyond spirit.

“But Jeshua, what's beyond spirit?” Love. The Allness of One, capital “O.” The place where everything you know to be physical has come from the idea of spirit. And where has spirit come from? From the Oneness that cannot be explained, cannot be contained. But is forever going forward. Backward? Yes, backward as well.

You are creative. That is why you worship the Creator. And you think the Creator is somewhere out there, different than you, separate. You are at all times creating the experience that you are having, the experience as you sit here. And you listen to words which you then decipher. Each one, as you hear these words, you are giving them meaning. You are interpreting. And yes, it is in a certain language that we put the tones of voice. But beyond that, I am speaking to you from mind to mind, heart to heart because there is only one of us. The Christ of us having a human experience which I did.

I wanted to know the Allness of spirit. And so, I said yes. Allow it to be unto me as it will. Did I feel pain



upon the cross? Yes, I wanted to know the human experience. But not for a long time. I wanted to know the pain of the huge spike. They were not small little nails, they were big. Took up most of the hand. "Good heavens, would not have much to go into this one." Well, I digress.

I wanted to know the human experience. I wanted to show that you are having the human experience. You are bringing it about so that you can know it. And you do up to a certain point. And then you say, "I'm out of here." Then what do you do? You turn around and you do a variation on the same thing. And then you say, "Oh, how I suffer." Have you ever felt that way? Of course you have. Because the world is not fair. I have heard you say that. "This is not fair. I've been good."

You have been, but you are now moving into an understanding of the wholeness. Holiness, yes but wholeness with a "w" -- knowing that you are bringing forth the experience to know that I am bringing forth the experience.

"Oh, no, no, no Jeshua, I would not be bringing forth that. I don't want to suffer." Okay, then look upon it anew. You are all which includes all that you can create. All that you can take as one as you are. You are creating your life. Look upon everything in your life as a gift because it is. It lets you know how creative you are. Whether you like it or not, you are creating.

"Well, yes, but..." No, yes but. You are creating. So, if you do not like what you are experiencing, first of all, do not try to change it. Look for the light in it. Know that truly, it would not be within your consciousness, your awareness,

unless it had a gift for you. And the gift may be that you can and do create your experience. "Well, hell with that." I have heard you say that. Then change it. Say, "Okay, there has to be something good in this and I bless it. And boy, do I bless it." I have heard you say that as well.

Beloved ones, life, the human life, is a gift that you make for yourself. And the gift in it is that you have choice as to how you will look upon it. Did I look upon the crucifixion, as a punishment? No, as an open door. Everything that you bring to yourself is a gift. It is an open door to something more. Allow yourself to sit with it, to run from it. Do whatever you want to do. When you get tired of running, you stop and you take a deep breath. And you say,

crucified but you can say, "Hey, there's a gift in this." Oh, yes. "And I want to know it right now." I have heard that said many, many times. "Okay, I've been told that there is a gift in this. And I want to know what it is."

And hopefully, you have become aware in the lifetime, that lifetime that we speak of, for you and said, "Oh, now I see. I was not the only one in that occurrence, that thing where the event was happening. There were others. And there was reason, a basic reason of love underneath at all. I didn't see that at the time. I was really, really hurt." But then the light dawns, thank goodness, and you say, "Okay, well, there might have been a little bit of light, of goodness in it." And there always is.

Every experience that you make for yourself has been one purpose. One true purpose to bring you to the reality of understanding, I am the Creator. "Oh, no, Jeshua, I can't be that, the Creator. Well He's some entity up there, looking upon us and judging and seeing if we behave well or, or if we're smart enough to get out of this

situation," etc. You are creating all the time. Then what the human usual choice is to feel, "Well, why did I do that?" In order to know the creativity.

You are the -- I will use this word, but it does not really cover everything. You are the offspring of the one Creator. You are creating your experience. And if you do not like the experience, and you do not like what you're creating, stop. Breathe. Choose anew.

"But Jeshua, I've tried that and doesn't seem to change anything." Do it again. "Yeah, but I did it about 25



"Oh, is that what that was about?" I have heard you say that. When you have thought back on something. "Oh, was that what that was all about?" Yes, I see the smiles. Ones' say, "Yeah, I've been there. I've done that." Of course you have. It is the human experience.

When I was upon the cross, I looked upon ones and I knew oneness. I knew that it was not as has been talked about from your pulpit. It is was not a punishment. It was an opportunity. And every day you are being crucified for something misunderstood -- all the time, but misunderstood. You are being

times.” Try 50. Try 1,000. It is okay. You are well and truly experienced are you not. “Well, yeah.” You are walking, breathing, living love -- on two feet, on crutches, in a wheelchair, in a bed. At any moment in time, you are the essence of love going forth.

“Really?” Everything you do has purpose. What is the purpose? It is to come home again. It is to realize, to make real in your awareness, that all -- and there is more -- you are bringing forth into your reality to bless it. To know that there is a gift in it. It is to make real and to make it great again.

You have hints everywhere you look. You have messages that you put in front of yourself to know that, “I am much more than the crucified Christ. I am the arisen Christ going forward each day in love, knowing that I am truly the gift to my friends. I love them, no matter how stupid they seem to be.” I have heard you say this

it is. So, allow yourself to feel happy, to feel home, to know that truly you are here for a reason. And the reason is not out there with other ones. The reason is right here in yourself -- to be happy to know I am the arisen Christ.

“What a surprise that's gonna be to my friends.” Yes. And this is so true. Ones were shocked, surprised, on believing that Jeshua could come and seemingly walk with them, and to be real again. Yes. And you are too. You are the arisen Christ right now. As we stand here in this time period, you are because you have died to the old self -- the self that says, “I could be hurt. I could be injured some way. I could be done away with.” No, you can not. You are the arisen Christ. And you are back here one more time for the fun of it.

“Jeshua, Jeshua this is fun? It is if you call it God. It is a blessing. You have friends. You have experiences

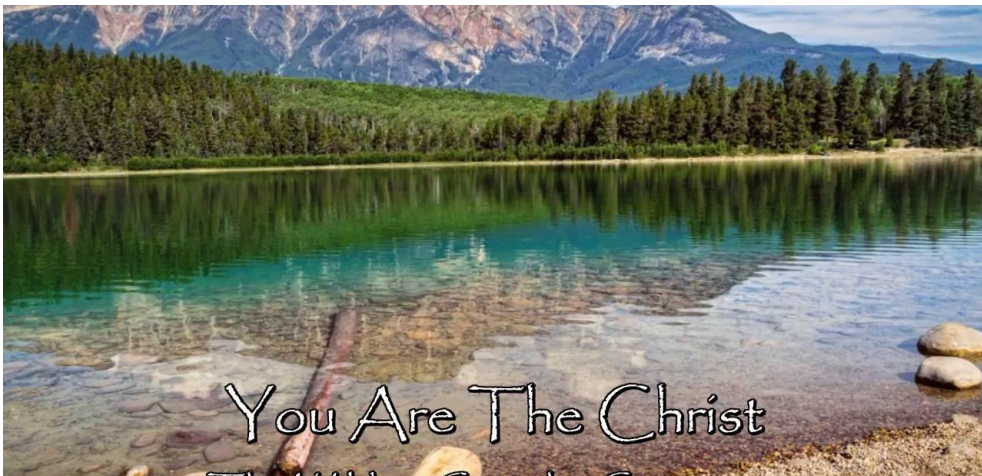
Think you it is by mistake that you have many languages upon Earth that speak of the same thing but in sounds that are different? You like variety. You have had many lifetimes where you have been either the holy one who knew all the answers. Or you were the one that hoped that maybe someone would look with pity, with love upon you and help you. You have played every role. And you can, as you watch upon your square box with the drama, you can identify with what is going on. “Oh, she's hurt. He said some nasty things to her. And she's hurt. I understand.” Well, yes you do. You have been there. You have taken it with that meaning. Now you're seeing it for a second, third, 300 thousands time so that you can see it differently.

And I know there is some of you who watch and rewatch the drama because you want that crumb, that piece of truth that is in it, that makes you understand, “Oh, that's what it's all about.” Yes, it is about oneness. It is about love. It is about healing. Coming home one more time.

Beloved ones, you are the teachers. You are the ones who are the seekers. You are also the finders and the teachers. Take the deep breath. Right now, take a deep breath. Breathe in the spirit of truth, of love. Breathe in the healing. And when you exhale, know that you are putting forth healing vibrations. Because as you will be in tune with the heart of oneness, you have to be putting forth the healing.

You are the Christ reborn, coming alive. Yes, you have had your crucifixion. But where are you now? “Oh, I'm still here. I'm alive. I'm still activating.” Yes. And where are you after you lay down the body? “Well, I guess the Spirit, the energy of me goes on.” It does. And you may be given choice to reactivate a body, yes -- or not.

There is a gift in the physicality. “Oh, yeah. My back hurts. I can't walk in this one leg. There's a gift in that?” “There is. To know that you are the one who is bringing it all



from time to time. They are all the Christ living the example of the Christ having a human experience, which by the way, you may have realized is not the easiest experience. “Why do I choose that,” you say. Because you know you are the Christ. Because you know, you are the teacher.

Others look to you, and they say, “Boy, I don't know how he puts up with whatever. I don't know how he can be happy in that situation. I don't know what the worth is, I don't know if it's valuable.” And yes, to someone

that prove to you maybe just a little bit that you are eternal. Yes, you may have something going on in the body. There may be something that the body calls out to you for love it. Say, “I know that we've walked together and you have a certain take on life. And you see all the things that are wrong and hurtful. That's how you see it. I love life, I would not be here if I did not love life.” You can say that because this is true. You would not be here if you did not love life and the variety of life.

together in order to have a human experience. "Even this pain in my leg that has benefit?" It gives you the message that it is physical, that you have created a physicality and you are enjoying. "I'm not in joy about it." In truth, stand back, take the deep breath, and realize the gift in it. Make real in your understanding the true gift of being physical, of being human, of being alive.

"Oh, well, when you put it that way, I guess there's maybe a little gift." It is a big gift, as big as you can imagine it. Did I feel that way on the cross? In truth I did. Yes, I felt the physicality of the nails. And for a short time, I abided there with that physicality. But only a short time. And then I said, "I do not want to feel this. I want to know that everything has a purpose." And immediately, at that point, there was a knowing that this is serving a purpose, a wider, bigger purpose than what I understand at this point.

Take that to heart for all of you. As you are going through choices, as you are going through experiences, know that everything you experience has a wider, deeper meaning. It may be for you. Or it may be to show others.

You are the teachers. That is why you have chosen. I asked of my father when I was in the Far East studying, "Why did I choose a lifetime like this where there's so much sorrow, so much brother, sister against each other? Why did I choose this time? Why couldn't I stay in heaven in that space of love and oneness?" And when I stopped asking there came a knowing. It was to know that each one has the freedom and the power to choose -- to make a physical life a hell or a heaven and to experience every bit of it.

Did I experience the goodness of the cross? I did. I knew that it was making example. My God how often do you see the Christ? I knew that it was a living example that would be a teacher, a teaching. Was it going to do me in? Only as an experience. Not as a truth.

All of you have choice every morning when you awaken or every night when you awaken. Every afternoon from the siesta. You have a choice to smile. Know you how beautiful you are when you smile? You are the radiance of 10,000 suns come alive to show other ones that yes, there is a point of goodness in even the physical experience.

Many suffer in this day and time. Many have come alive in the suffering and have realized -- make real, made real -- in their experience the truth that I am not the body. I make for myself out of spiritual material -- for a better, lack of a better word -- an experience of holiness. I am One with All.

And so, beloved ones, I bless you. I bless you, and I walk with you

always and forever. I sit upon your shoulder, and I whisper in your ear. And based on past experience of what you have known to be true, you evaluate it and then you go forward. And beloved ones, I share with you that at some point there is going to be the light dawns. And you will realize -- you make real in your awareness -- "I am the arisen Christ." And you are. Each and every one of you. Each and every one

Yes, I am speaking to you have been crucified. "Physically, Jeshua?" Yes. Physically. "Really?" Yes, really? And where are you now? You are back here hale and hardy. Yes. Laughing because you have come through many, many times. On the spiritual level, the physical level, the world calls. If you must, go answer the call as I did. The world called, I answered. But I did not stay there. I went home to resurrect and come back and say, "Hey, you guys, life is wonderful. You can resurrect yourself.

Many of your brothers and sisters are having the resurrection experience. I know that many of you with the loving heart that you are, you have felt, "Why is there so much pain at this time, Brother against brother, sister against sister. It is because of ones' wanting to come to that awareness that, "I am love. I am whole. I am healed. And I look with love upon everything that I see. And in that, I come home.

You beloved one, listening to these words, take a deep breath. Come to that place within of peace and Christ. You are the Christ. You are having your Easter experience. You are resurrecting the spirit of life, of joy, of love. Come home to me. Come home to your Self, capital "S." Know that you are the arisen Christ.

So be it.

